

**Unit #1 Title:** My Personal Plan of Study

**Lesson Title:** Evaluating and Revising the Personal Plan of Study

**Lesson:** 5 of 6

**Grade Level:** 11

**Length of Lesson:** 30-45 minutes

**Missouri Comprehensive School Counseling Big Idea:**

AD.6: Developing and Monitoring Personal Educational Plans

**Grade Level Expectation (GLE):**

AD.6.A.11: Evaluate and revise Personal Plan of Study for life-long learning.

**American School Counselor Association (ASCA) Mindsets and Behaviors:**

Academic Development

**Materials (include activity sheets and/ or supporting resources)**

ACT Test Dates and ACT Information  
 ACT Prep Class Information  
 Visitation Dates for Post-Secondary Options  
 Literature for Education/Training Options  
 Career Fair Dates  
 ASVAB Test Dates  
 PSAT Dates  
 Dual Enrollment Information  
 College Day Visitation Information  
 Information on Credit Recovery

**Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)**

|   |   |
|---|---|
| X | Goal 1: Gather, analyze and apply information and ideas<br>1. Develop questions and ideas to initiate and refine research<br>2. Conduct research to answer questions and evaluate information and ideas<br>6. Discover and evaluate patterns and relationships in information, ideas and structures |
|   | Goal 2: Communicate effectively within and beyond the classroom   |
| X | Goal 3: Recognize and solve problems<br>5. Reason inductively from a set of specific facts and deductively from general premises<br>6. Examines problems and proposed solutions from multiple perspectives  |
| X | Goal 4: Make decisions and act as responsible members of society<br>1. Explain reasoning and identify information used to support decisions<br>5. Develop, monitor and revise plans of action to meet deadlines and accomplish goals  |

**This lesson supports the development of skills in the following academic content areas.**

| <b>Academic Content Area(s)</b> | <b>Specific Skill(s)</b>  |
|---------------------------------|---|
| X Communication Arts            | 6. Participating in formal and informal presentations and discussions of issues and ideas |
| Mathematics                     |   |
| X Social Studies                | 6. Relationships of the individual and groups to institutions and cultural traditions     |
| Science                         |   |
| Health/Physical Education       |   |
| Fine Arts                       |   |

**Enduring Life Skill(s)**

|              |   |              |   |                 |
|--------------|---|--------------|---|-----------------|
| Perseverance |   | Integrity    | X | Problem Solving |
| Courage      |   | Compassion   |   | Tolerance       |
| Respect      | X | Goal Setting |   |                 |

**Lesson Measurable Learning Objectives:**

The student will establish an individual calendar of important dates and activities related to his/her Personal Plan of Study.

**Lesson Formative Assessment (acceptable evidence):**

**Assessment should relate to the performance outcome for goals, objectives and GLE.**  
**Assessment can be question answer, performance activity, etc.**  
 The students will select events to attend that support their Personal Plan of Study.

**Lesson Preparation**

**Essential Questions:**

How do you revise your **Personal Plan of Study** for life-long learning?

**Engagement (Hook):**

Do you need to change your Personal Plan of Study? Show students their credit study sheets.

**Procedures**

| <b>Instructor Procedures/Instructional Strategies:</b>                                       | <b>Student Involvement/Instructional Activities:</b>                                       |
|--|--|
| 1. Present calendar with information on upcoming events for 11 <sup>th</sup> grade students. | 1. Students will participate or sign up for upcoming events that are of personal interest. |
| 2. Encourage students to gather information materials when they participate in events.       | 2. Students will review the materials and make note of information to remember.            |
| 3. Explain credit reviews and Personal Plan of   | 3. Students will review the process for  |

|  |   |
|--|---|
| <p>Study meetings and the value of meeting individually with the school counselor. Inform students that individual appointments are available for credit reviews and plan revisions.</p> <p>4. Counselor instructs students to include the dates of at least three important events in their planners.</p> | <p>making appointments. They will schedule an appointment with counselor.</p> <p>4. Students record the dates of at least three important events in their planners.</p> |
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### **Teacher Follow-Up Activities**

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| <p>The teacher will follow up and reinforce the information shared during the session.</p> |
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### **Counselor reflection notes (completed after the lesson)**

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